

November 2009  
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Member of Ohio Chamber of  
Commerce & U.S. Chamber of  
Commerce

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Center

## Chamber Events

**11/18** **Preble County  
Safety Council**  
*12:00 Noon*  
*Preble County YMCA*  
*Eaton, Ohio*

**12/3** *"Toast of the Town"*  
**AAA Miami Valley**  
*221 N. Aukerman St.*  
*Eaton, Ohio*  
*5:00 – 7:00 p.m.*

**Preble County  
Chamber of Commerce**  
122 W. Decatur Street  
P.O. Box 303  
Eaton, Ohio 45320  
Phone: (937) 456-4949  
<http://www.preblecountyohio.com/>

# CHAMBER NEWS

*"Promoting free enterprise and advancing the business community of Preble County"*



## TOAST OF THE... Town

December 3, 2009  
5:00 – 7:00 p.m.

**AAA – Miami Valley**  
221 N. Aukerman Street  
Eaton, Ohio

**Anticipate entertainment, refreshment, prizes  
& good cheer!**

## President's Message:

Dear Investors,

The Preble County Consumer Fair & Trade Show was held at the First Church of God, 601 E. Lexington Road, Eaton, Ohio on October 24th. What an event!! Not only did 150-200 people attend but more than 40 businesses were on hand to display products and showcase their companies.

Local Vendors were available to display products and capture sales leads and the attendees had the opportunity to taste a variety of food brought in by food vendors. Thanks to Carmela's Pizzeria, Charlotte's Catering, Henny Penny Corp. and The Preble County Council on Aging for some great food (and also to Bambeck Investment Services for the chocolate covered strawberries). Three cash drawings were also held at the event and the silent auction went very well. Mark Howard of Edward Jones Investments walked away with a nice barbell set!

Please plan now on how your business could be featured in 2010!

A special Thank You to our two Grand Sponsors: Carter Cleaning Enterprises, LLC and the Preble County Safety Council. Without your help, this wonderful event would not have been possible.

Our next event will be the Toast of the Town on Thursday, December 3<sup>rd</sup> from 5 to 7 pm at AAA Travel at 221 N. Aukerman St. This one promises to be a lot of fun. See you there!

Shanna Renner, Chairperson  
Preble County Chamber of Commerce Board of Directors

## **Board of Directors**

**Shanna M. Renner**  
Chairperson  
Fifth Third Bank  
456-7306

**Larry Englert**, Treasurer  
Williams & Keckler, LLC  
456-4393

**Charles Pennington**  
787-4535

**Bradley Neavin**  
Eaton Community Schools  
456-1107

**Ron Gard**  
Girton-Schmidt-Boucher  
Funeral Home  
456-3333

**Ray Potter**  
SCORE  
456-1241

**Howard Carter**  
Carter Cleaning Enterprises, LLC  
533-1732

**Kathy Schulz**  
The Dow Chemical Company  
839-1307

**Leslie Collins**  
The Register Herald  
456-5553 Ext. 110

**Jeremy Hamilton**  
CPH Service, LLC/dba  
McDonalds  
456-3830

**Mark Howard**  
Edward Jones Investments  
456-0470

**Kristi Marcum**  
Preble County Board  
Developmental Disabilities

**Matt Appenzeller**  
Executive Director  
456-4949

**Virginia Lindsey**  
Secretary  
456-4949

## **AAA “Toast of the Town”**

The “Toast of the Town” on December 3<sup>rd</sup> will be held at the AAA office located at 221 North Aukerman Street in Eaton, Ohio. AAA is very excited for everyone to drop in and will be offering a special membership rate for anyone interested in joining during the event. Of course, agents will be available to advise guests on the most cost-effective holidays for those searching for an adventure via car, plane, rail, or ship.

AAA is also offering a Pocket Atlas to anyone bringing a non-perishable food item for the benefit of the Preble County Food Bank. The Food Bank is such a worthy cause and they will really need a lot of items as we head into this Holiday Season. What better way to foster “Peace on Earth” than by generously helping the Food Bank?

Anticipate entertainment, refreshments, prizes, and good cheer!

## **Silfex Corp. Division Manager appointed to Area 7 Workforce Investment Board**

By Matt Appenzeller

Mike Snell, Division Manager of Silfex Corporation located in Eaton, was recently appointed by the Preble County Board of Commissioners to the Area 7 Workforce Investment Board. Silfex Corporation is a division of Lam Research. Mr. Snell was nominated by the Preble County

Chamber of Commerce Board of Directors.

Mr. Snell graduated Cum Laude at Davidson College where he earned a degree in Economics and received a Reserve Officers Commission in 1987. He served eight years as a commissioned officer in the Army National Guard in various field artillery units located in North Carolina and Ohio. In 1990, he earned a Master’s degree in International Business at the University of South Carolina which has been recognized as one of the top programs in the nation.

Mr. Snell began his career as a Financial Analyst for NCR Corporation in Dayton. He accepted additional assignments in Finance in Atlanta and Dundee, Scotland and eventually became the Finance Director for the Americas Customer Service Division, a \$1.4 billion unit of the corporation. In 2003, he accepted a position as the Director of Service Logistics for Europe/Middle East/Africa, and was based in the Netherlands. After three years there, Mr. Snell returned to stateside and assumed global responsibility for NCR’s Service Supply Chain.

In 2006, Mr. Snell accepted an offer from Lam Research Corporation to become the General Manager of the Division formed from the acquisition of the majority of the assets of Bullen Ultrasonics. The acquisition was completed in November 2006. In June this year, the Division was re-branded “Silfex Corporation”. Under his leadership, Silfex has doubled in size, invested more than \$100 million in Preble County, significantly increased staffing, and successfully entered two new markets in the production of defense related optical devices and solar products.

Please join me in thanking Mr. Snell for offering to represent Preble County in this important area of comprehensive economic development.

## FAMILY CAREGIVERS A GROWING POPULATION

*Heartland of Eaton provides  
short term care to help*

It is becoming more the rule, not the exception, that senior citizens with long term care needs receive assistance from their children and relatives, instead of from home health or nursing homes. In fact, of the four out of five seniors who requires some type of long term care, only *one* gets the care in a nursing home. The other 75% are receiving care from a “family caregiver.”

It is estimated that there are more than 18-25 million adults – or 10% of the U.S. population fulfilling this demanding job today.

Responsibilities include keeping loved ones fed, clean and safe, dispensing medications and transporting them to appointments – and juggling full-time careers and families.

According to Tresa Arnold, Director of Admissions at Heartland, there are many reasons why children and spouses choose to take on this tremendous responsibility. “Many want to spend time with their loved one, while others feel a sense of guilt for turning the care of their spouse or parent over to home health or nursing home,” says Mrs. Arnold. “However, these caregivers often face burn-out from the all-consuming care requirements, and don’t know where to turn for help. That’s where we can help.” Heartland offers short term respite stays that allow caregivers the opportunity to go on vacation or a business trip, and have peace of mind that their loved one is being taken care of by caring professionals.

At Heartland, respite residents can take advantage of the same activities and services as our other guests, such as (nutritious meals, transportation, housekeeping, laundry services, social activities...). Most importantly, the family caregivers know they are in a safe setting, with nurse on call 24 hours a day.

“Whether for a few days or up to a month, you can take advantage of the respite program at Heartland,” says Mrs. Arnold.

## Safety Council Update

By Kathy Schulz



For the October training topic, Al Hopkins from the Butler Tech Regional Public Safety Education Complex spoke about driving safety. He spoke about the importance of using good defensive driving techniques and with in-climate weather, just around the corner, he reminded the team about techniques for driving on icy roads. Some examples include:

- Inspect your vehicle’s condition prior to driving
- Ensure you have the right equipment such ice scraper, shovel, etc
- Slow down and brake gently
- Keep lights on and your windshield clean
- Use caution when attempting to pass

For the November topic, we will have a medical doctor from Miami Valley Hospital’s Sleep Center who will talk about sleep disorders and the potential link to workplace injuries. I’m sure we will all stay awake for that topic!

Congratulations to the members of our 08/09 Safety Council program who met the participation requirements. In the October meeting, these members received rebate checks totaling \$45,076.82 from the BWC! These members may be eligible for a performance rebate as well.



**State Representative Jim Zehringer**  
77<sup>th</sup> House District

### REPRESENTATIVE ZEHRINGER REPORTS PASSAGE OF REGULATORY REFORM LEGISLATION

*LEGISLATION WILL EASE REGULATORY  
PITFALLS FOR BUSINESSES AND  
PROMOTE JOB GROWTH*

State Representative Jim Zehringer (R-Fort Recovery) today announced that the Ohio House of Representatives unanimously passed House Bill 230, a bipartisan piece of legislation that will reform the regulatory environment in Ohio.

“I was thrilled to be a lead sponsor of this legislation and I really believe this bill will jump start our conversations on tackling serious regulatory reform,” Zehringer said. “With tax reform and tort reform already addressed by previous General Assemblies, I strongly feel regulatory reform is the next issue that should be addressed by the Legislature.”

House Bill 230, known as the Common Sense Regulation Act, would require that state regulating bodies consider a wider range of factors when proposing regulations. These new considerations would require state agencies to prove that their rules are not duplicative or difficult to understand, and also requires that the regulated community gets significant notification of any new rules that might impact their business. If this bill becomes law, the regulated community will be protected from unnecessary and overlapping rules, and provisions in the bill will lower the cost of doing business in Ohio.

"I am really excited about the prospect of working with the Senate to combine the good ideas from this legislation with ideas from Senate Bill 3," said Zehringer. "I believe regulatory reform to be a key part of our overall efforts to help our state emerge from this time of economic downturn."



## Health Spot....

Sponsored by The Greenbrier

### Lack of Sleep Raises Blood Pressure

Worldwide, more than 7 million deaths occur each year due to high blood pressure. In the United States, 1/3 of adults have high blood pressure. New research indicates that lack of adequate sleep could be contributing to this widespread health problem. A recent 5-year study found that for each lost hour of sleep, the risk of developing high blood pressure increased by 37%.

Most people who slept at least 7 hours had the best health. In another study, people who slept 5 hours daily were 60% more likely to develop high blood pressure compared to people who slept 7-8 hours a night. If you want to keep your blood pressure in the healthy range (less than 120/80), aim for at least 7-8 hours of sleep daily. Taking a midday nap can also be helpful in reaching your 7-8 hours. *Archives of Internal Medicine. June 8, 2009 Hypertension. May 1, 2006.*

### Can't catch your Zzzzzzz?

- The most important thing to do is to **set a sleep schedule** and stick to it.
- **Exercise daily.** Since evening exercise can keep you awake, exercise in the morning or early afternoon.
- **Avoid caffeinated drinks** and foods that contain caffeine, such as chocolate.
- **Avoid alcohol**, which can disrupt sleep patterns and delay the onset of sleep.
- **Maintain a healthy weight.** Being overweight increases the risk of snoring, sleep apnea, and other sleep disorders.
- **Have a light dinner.** Eating too much before you go to bed can lead to heartburn and poor digestion and disrupt sleep.
- **Reserve the last few hours of your day for calm activities.** Avoid playing competitive games (even chess or cards), watching exciting programs on television, and reading suspenseful books.
- **Assess your life.** Are you stressed? Could you be depressed? If so, consider consulting with a health professional.

If you can't get to sleep within 20 minutes, get up. Stay in dark or dimly lit rooms and do something repetitive or boring until you feel sleepy. Some people consider middle-of-the-night insomnia a perfect opportunity for reading the owner's manual for any household electrical appliance.

*National Institutes of Health. 2009.*



## MVCTC Celebrates Adult Education Center Building Dedication

The Miami Valley Career Technology Center (MVCTC) held the building dedication and ribbon cutting ceremony for the new Adult Education Center on Tuesday, October 13, 2009. The evening highlighted MVCTC's continued commitment to adult learners in the Miami Valley, especially in health care fields. The addition of the new Adult Education Center will allow MVCTC to increase the allied health programs offered, meeting the demands of the 21<sup>st</sup> century workforce and helping adults get the training they need for future success.

The evening was well attended and showed the support MVCTC has in the Miami Valley to continue their commitment to adult education. The evening included presentations by:

- Dr. John Boggess, MVCTC Superintendent
- Mr. Ben VanWye, MVCTC Adult Education Director
- Mr. Bill Russell, Associate Vice Chancellor of the Ohio Board of Regents
- Ms. Joyce Deitering, Mayor of Clayton
- Ms. Anita Adams, Vice President of Operations for Good Samaritan Hospital

The ribbon cutting took place in the lobby of the new building and included MVCTC Adult Education staff, MVCTC Board Members, and state and local community leaders. App Architecture in Englewood, the designers of the building, presented the district with a piece of artwork to display. Also, present were general contractors American Trademark Construction Services (ATCS) also of Englewood. The evening ended with the MVCTC Adult Education staff giving tours and demonstrating the

type of instruction taught in the new building.

MVCTC as a district is committed to this region, with the mission to help adults and high school students gain the skills, strong academic education, and experience to help themselves and their employers. MVCTC provides crucial education and job training to adults and high school students throughout the region.

For more information about MVCTC and the programs offered for high school and adult learners, plan on attending the Adult Education Open House or High School Sophomore Early College Connection Night on the evening of Thursday, October 22. More information is available at [www.mvctc.com](http://www.mvctc.com) or by calling 937-837-7781.

**For Further Information Contact:**

Kelly Herzog  
MVCTC Public Information  
Coordinator  
Phone - 937-854-6056  
E-Mail – [kherzog@mvctc.com](mailto:kherzog@mvctc.com)  
**Check us out on Twitter at**  
[www.twitter.com/mvctc](http://www.twitter.com/mvctc)



Preble County Historical Society, Inc.  
7698 Swartsel Rd Eaton, Ohio 45320

## 2009 Holiday Dinner Gingerbread House Decorating Contest

The Preble County Historical Society is searching for confectionary decorators to compete in the society's 2009 Holiday Dinner Gingerbread House Decorating Contest. All ages and skill levels are encouraged to enter this free contest by entering in two categories: professional and amateur.

Cash prizes will be awarded \$100 for 1<sup>st</sup> place, \$75 for 2<sup>nd</sup> place, and \$50 for 3<sup>rd</sup> place, in each category.

Entries reservations must be submitted by Saturday, November 28, 2009. Gingerbread houses must be

delivered to the Preble County Historical Center, 7693 Swartsel Road, Eaton, Ohio by 5 pm on Wednesday, December 2 for judging.

Traditional houses, purchased kits, or even cardboard entries, are acceptable as long as all exposed surfaces are covered with edible material.

All entries become the property of the Preble County Historical Society and will offered for purchase at silent auction during the 2009 Holiday Dinner festivities on December 4, 5 and 6 at the Historical Center.

Dinner reservations are now being accepted for "*Dinner in the Gingerbread House*", our 13<sup>th</sup> annual holiday dinner festivities. Seating is limited, reserve your seats soon. The Old Richmond Inn, Richmond, Indiana, will provide catering for the dinners once again. Bill of Fare this year is as follows: Appetizers in the log house and Exhibit Hall: dinner in the Sayler-Swartsel House: French Onion Soup, Fresh Spinach Salad, Roast Prime Rib of Beef au jus, Virginia Baked Ham with Apricot Glaze, Duchess Potato, Fresh Steamed Green & Was Beans with Baby Carrots, Galo's Italian Bread and Butter, gingerbread Cake with warm lemon sauce, coffee, tea. Dinner is offered at only \$45 per person for society members, \$55 per person for non-members. A wine selection and after dinner liqueurs will be available at additional cost.

Join us for Preble County's favorite evening of elegant dining, holiday festivities and entertainment. Your support will provide you with a delightful holiday experience and will assist the Society as we continue to strive for further growth and prosperity.

Call 937-787-4256 for more information about the gingerbread decorating contact and holiday dinners, or visit our web site: <http://www.pchs.preblecounty.com> or by email: [preblecohistsoc@brechnet.com](mailto:preblecohistsoc@brechnet.com).



**CompuNet Clinical Laboratories**  
**2308 Sandridge Drive**  
**Moraine, Ohio 45439**  
**(937) 296-0844 / (800) 686-2252**  
**[www.compunetlab.com](http://www.compunetlab.com)**

**MISSION:** To improve the health of our community through excellence in medical laboratory services.

### BACKGROUND

CompuNet Clinical Laboratories, LLC is a regional clinical diagnostic laboratory that has served western Ohio physicians, hospitals and patients for over 23 years. CompuNet offers over 2,000 different types of medical laboratory tests, ranging from routine health screenings to complex molecular diagnostic testing.

CompuNet's main laboratory is located near I-75, just south of Dayton. CompuNet offers an extensive patient service center network for doctors who depend on external phlebotomy services for their patients needing lab work. The newest patient service center is located in Eaton at 200 Eaton Lewisburg Road, in the former Preble County Medical Center building. Hours of operation are Monday – Friday, 7:30am – 12:30pm. Patients are welcome to drop in or, if preferred, can schedule an appointment by calling (937) 472-0013.

In addition to filling doctors' requests for lab testing, CompuNet Clinical Laboratories also offers some health screenings directly to patients, without a doctor's prescription. Information on direct access to lab testing is available at the Eaton Patient Service Center, or by calling toll-free: 1-866-570-LABS.

CompuNet Clinical Laboratories is a joint venture between Miami Valley Hospital Enterprises, Inc., Valley Pathologists, Inc., and Quest

Diagnostics Inc., the nation's largest reference laboratory. CompuNet's staff is directed by board certified anatomical and clinical pathologists, and includes master level scientists, clinical laboratory scientists, technicians, phlebotomists, specimen processors, and laboratory aides.

#### **ACCREDITATION**

CompuNet Clinical Laboratories is fully accredited by the College of American Pathologists, CLIA, the Department of Health and Human Services, the Ohio Department of Health, Medicare, and Medicaid.

## **Ohio Workers' Comp News**

Over the past several years the Ohio Bureau of Workers' Compensation has continued to lower the Maximum Discount Rate (MDR) attainable for group rating participants. In the past the MDR has been the key indicator when figuring out your premium payments.

With the addition of the Break Even Factor (BEF) there is now a new factor added in calculating your true discount rate.

The BWC has just announced that this years' maximum discount rate will be set at 65% but when you factor in the BEF the final computation puts your discount percentage at 51%. Simply put, if a company has very little or no claims costs the best group discount will be 51%, not 65%.

Don't be fooled, you will not see a 65% discount offered this year. For small to mid-sized companies group rating still is the best way to save on your workers' comp bill.

For a free no obligation evaluation, please don't hesitate to give us a call (513-231-4023 ext. 114).

## ***"Welcome" New Chamber Members!***

#### **Daniel L. Rodeffer Home & Farm Improvement**

Daniel L. Rodeffer  
2403 Twin Twp. Road.  
Lewisburg, OH 45338  
Phone: 937-839-3188  
Product/Service: Renovation & Demolition of home & farm buildings

#### **CompuNet Clinical Laboratories**

Sharon Kuntz  
200 Eaton-Lewisburg Road, Suite 102  
Eaton, OH 45320  
Phone: 937-472-0013  
Fax: 937-472-0015  
Email: [Sharon.l.kuntz@questdiagnostics.com](mailto:Sharon.l.kuntz@questdiagnostics.com)  
Website: [www.compunetlab.com](http://www.compunetlab.com)  
Product/Service: Patient service center for patients whose doctors prescribe medical laboratory testing

#### **Derick Meyers**

68 S. Main Street  
West Alexandria, OH 45381  
Phone: 937-564-0137  
Email: [dmeyers2526@yahoo.com](mailto:dmeyers2526@yahoo.com)  
Product/Service: Graphic Designer  
\*\*Note of information – Derick was the one who designed our NEW Chamber Logo!

#### **Ron "Rudy" Roth dba/Ameriprise Financial**

Ron "Rudy" Roth  
315 N. Barron St., Eaton, OH 45320  
Phone: 937-336-5730  
Fax: 937-336-5731  
Email: [rudyroth1@hotmail.com](mailto:rudyroth1@hotmail.com)  
Product/Service: Financial Services

#### **Gross Roofing & Sheet Metal**

Fred Gross  
158 Consolidated Road  
Eaton, OH 45320  
Phone: 765-967-1680  
Email: [fbgross@yahoo.com](mailto:fbgross@yahoo.com)  
Product/Service: Roofing & sheet metal

#### **Buck Run Doors & Hardware**

Marty Smallwood, President  
500 S. Ludlow Street  
Dayton, OH 45402  
Phone: 937-223-3667  
Fax: 937-223-4211  
Email: [sales@buck-run.com](mailto:sales@buck-run.com)  
Website: [www.buck-run.com](http://www.buck-run.com)  
Product/Service: Doors, Frames & Hardware (service & installation) bathroom partitions & washroom accessories