

October 2009
Volume 5, Issue 10

Member of Ohio Chamber of
Commerce & U.S. Chamber of
Commerce

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Sustaining Member
Preble Memory
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Center

Chamber Events

- 10/15** Toast of the Town
Charlotte's Banquet
& Catering
5:00 – 7:00 p.m.
323 N. Barron St.
Eaton, Ohio
- 10/21** Preble County
Safety Council
12:00 Noon.
Preble County YMCA
Eaton, Ohio

**Preble County
Chamber of Commerce**
122 W. Decatur Street
P.O. Box 303
Eaton, Ohio 45320
Phone: (937) 456-4949
<http://www.preblecountyohio.com/>

CHAMBER NEWS

"Promoting free enterprise and advancing the business community of Preble County"



TOAST OF THE... Town

October 15, 2009
5:00 – 7:00 p.m.

Charlotte's Banquet & Catering
Charlotte Akers, Co-Owner
323 N. Barron Street
Eaton, Ohio

Come join in the fellowship & refreshments!

President's Message:

Last year, a local investment firm landed a six figure account at the Preble County Consumer Fair & Trade Show.

The 2009 Preble County Consumer Fair & Trade Show will be held on Saturday, October 24th from 10 a.m. to 2 p.m. at the First Church of God, 601 East Lexington Road. This year's theme is *"Preble County Builds, Preble County Sells."*

Special thanks to our two **Grand Sponsors: Carter Cleaning Enterprises, LLC and the Preble County Safety Council.** In addition to 40 local businesses with inside booth space, we have arranged for some of our local manufacturers to display products outside (FYI: **Henny Penny Corp.**, whose fryers produce every McDonald's french fry in the world, will be preparing food with their equipment). Admission is only \$1 for adults. Your fellow Chamber Investors would sincerely appreciate it if you showed up for some networking or took the time to learn more about what they produce.

You never know, you could land a handsome account for your business, win a cash drawing, or walk away with a nice gift in the silent auction!

Our mission is 'To promote free enterprise and advancing the business community of Preble County.' This is a key event designed to let people know (inside and outside the county) that we have a solid base here. Ask us how you can help us promote this event and, most of all, make a point to be there!

Shanna Renner, Chairperson
Preble County Chamber of Commerce Board of Directors

Board of Directors

Shanna M. Renner
Chairperson
Fifth Third Bank
456-7306

Larry Englert, Treasurer
Williams & Keckler, LLC
456-4393

Charles Pennington
787-4535

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Eaton Community Schools
456-1107

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Funeral Home
456-3333

Ray Potter
SCORE
456-1241

Howard Carter
Carter Cleaning Enterprises, LLC
533-1732

Kathy Schulz
Rohm and Haas Chemicals, LLC
839-1307

Leslie Collins
The Register Herald
456-5553 Ext. 110

Jeremy Hamilton
CPH Service, LLC/dba
McDonalds
456-3830

Mark Howard
Edward Jones Investments
456-0470

Kristi Marcum
Preble County Board
Developmental Disabilities

Matt Appenzeller
Executive Director
456-4949

Virginia Lindsey
Secretary
456-4949

The Preble County Consumer Fair and Trade Show may be the most important event on our calendar.

Matt Appenzeller, Executive Director

As the prolonged economic downturn continues to affect businesses, it is imperative for consumers and fellow business owners to become acquainted with local firms and do business with them. Local business not only keeps merchants afloat and employs people, it also provides much-needed local tax revenue.

The Consumer Fair and Trade Show will be held at the First Church of God located at 601 East Lexington Rd. in Eaton. We will have three cash drawings and a silent auction. More importantly, this is your chance to introduce yourself to local business owners and explore opportunities.

As Shanna mentioned in her President's Message, a local investment firm landed a six figure account as a direct result of last year's event.

We have emailed fliers to you in PDF. Please distribute them among employees and encourage them to attend.

If your business has purchased booth space, you have a vested interest in helping to promote the event. Please take advantage of it.

See you there!

Preble County Regional Dialysis Celebrates First Anniversary

Preble County Regional Dialysis is holding an open house on Thursday, October 8, 2009. The dialysis center will be open to the public for tours and a reception from 6:00 PM to 8:00 PM. The open house is a celebration of our first anniversary of the facility located at 450 D Washington-Jackson Road in Eaton.

The Preble County facility began providing dialysis treatments to patients with kidney failure in September of 2008. It is the only locally owned and operated independent facility providing hemodialysis to patients in Preble County. Two sister facilities of the Eaton location are Dayton Regional Dialysis located in Huber Heights and Dayton Regional Dialysis South located in Centerville, Ohio. All three centers work closely with Nephrology Associates of Dayton, whose physicians have been servicing patients throughout Preble County for the past six years.

Kidney disease affects approximately 26 million Americans each year. Hemodialysis is the most commonly used method for treating kidney failure. Preble County Regional Dialysis is committed to providing our patients with high quality professional care. We care for patients from Preble County as well as the surrounding areas. We invite you to stop by during the open house to learn more about our dialysis services.

Contact Information-
Mike Sobecki, CEO, RN, MBA
m.sobecki@naod-drd.org
937-438-0099, option #1
www.naod-drd.org

Safety Council Update

By Kathy Schulz



For the September training topic, Sergeant Chad DePugh, from the Eaton Police Department, gave an excellent presentation called, "Active Shooter."

It reviewed incidents like Columbine and Virginia Tech where a shooter was in a school and the tactics the police force would take to respond.

He shared the warning signs that were available in these tragedies and cautioned the members that our community plays a role in preventing these types of incidents.

As parents, teachers, neighbors, counselors, employers, etc we need to be alert for unusual activities and report them to the authorities.

New primary care physicians at Reid Hospital



Reid Hospital
& Health Care Services

Reid is proud to introduce four new team members--all accepting new patients--expanding the quality care you've come to expect from the area's leading health care provider.



Stacy Braff, M.D.
Internal Medicine



Neil Gamilla, M.D.
Family Medicine



Lynn Schuetz, M.D.
Family Medicine



Susan Lee, M.D.
Family Medicine

To schedule an appointment with Dr. Braff, contact Reid Medical Associates at (765) 935-8914.

To schedule an appointment with Dr. Gamilla, Dr. Lee or Dr. Schuetz, contact Wayne Family Health at (765) 966-5217.

Approval of State Issue 2 Important to All Ohioans

Agriculture is Ohio's number-one economic contributor and approval of State Issue 2 on the Nov. 3 ballot will provide important

support to this key sector by creating an Ohio-based livestock care board designed to work for Ohio's consumers, farmers, families and businesses.

The Ohio Chamber of Commerce has endorsed State Issue 2 because it will help retain and create jobs in Ohio while also assuring safe, locally grown food and ensuring excellent animal care.

"As Ohio emerges from the recent economic downturn, it's important that we do all we can to assist businesses in every part of our economy," said Jeff Gorman, Chairman of the Chamber Board of Directors. "Passage of State Issue 2 is an excellent step toward maintaining and potentially expanding an industry that is vital to our state economy. Almost every business in Ohio in some way benefits by having successful farms in their local communities."

Issue 2 was placed on the ballot through a bipartisan resolution that passed by an overwhelming majority and has support from Governor Strickland and the Ohio General Assembly. If approved, Issue 2 would create the *Ohio Livestock Care Standards Board*, made up of 13 Ohioans with broad expertise in animal agriculture. The board will set standards for livestock and poultry care that will take into account such items as best farm management practices for animal well-being; food safety; and local availability and affordability of food. Board members will consider issues in the context of how they impact overall animal health, bio-security on livestock farms, animal disease prevention and food safety and food production volume and price.

The governor and legislature acted in recognition of the fact that agriculture has undergone dramatic changes in recent years and faces many challenges. New ways of doing things are constantly being developed and it's important that suggested changes be carefully considered by Ohio experts and supported by science, fact and data.

Special interest groups based in Washington and elsewhere have had some success in other states with emotional campaigns and legislative measures surrounding animal care issues. These groups, with not so hidden agendas of advocating a vegetarian lifestyle for everyone and shutting down large farm operations altogether, pose a significant threat to Ohio agriculture. Ohio has been mentioned as a future target for a similar initiative that passed in California last November.

“Chamber members know better than anyone the value of having people right here in Ohio involved in the critical decisions that impact our businesses,” said Andrew E. Doehrel, President and CEO of the Ohio Chamber. “Issue 2 creates a diverse board representing all interests, including consumers and animal rights advocates, as well as farmers. They will make decisions based on what is best for all Ohioans.”

Agriculture contributes \$93 billion annually to Ohio’s economy and has more than 75,000 farms, about half of which have livestock. Additionally, Ohio is home to more than 800 food processing companies and produces more than 200 commercial crops. Of these, Ohio is a leading producer in more than 35 product sectors.



Health Spot....

Sponsored by The Greenbriar

Get Preventive Exams

Requirements to Complete this

HEALTH CHALLENGE™

1. Make an appointment for a preventive test, routine exam, or immunization – Compile your family

health history. When you keep the appointment, make note of it on your monthly Health Challenge Calendar.

2. Read “Even healthy people need regular checkups” and “Be wise: Immunize.”

3. To complete the Challenge, you must compile your family health history and have a recommended preventive exam or routine checkup, or get an immunization this month.

4. Keep records of your completed Challenge in case your organization requires documentation.

Even healthy people need regular checkups

Living a healthy lifestyle is certainly a key strategy for a healthy, long life. But it is not a guarantee that you will never get a serious illness. It is also important to get regular checkups and screenings as recommended by your doctor, and immunizations as necessary. A screening test is an exam that looks for a disease early – often before any symptoms have appeared, and usually when the condition is easier to treat.

Recommended exams

Cholesterol check: Have a blood test to measure your total cholesterol, LDL, and HDL at least once every 5 years, starting at age 35. If you smoke, or have diabetes, or if heart disease runs in your family, start having your cholesterol checked at age 20.

Blood glucose level: Schedule a test right away if you have high blood pressure or high cholesterol to check for diabetes and increased coronary risk. Otherwise, follow the advice of your physician.

Blood pressure: If your blood pressure is in a healthy range (less than 120/80), have it checked at least once every 2 years. If it is higher, ask your doctor how often you should monitor it.

Colorectal cancer test: Begin regular screening for colorectal cancer at age 50, or sooner if

you have a family member with colorectal cancer or your doctor recommends earlier screening.

Depression: If you’ve felt “down,” sad, or hopeless, and have felt little interest or pleasure in doing things for 2 weeks straight, ask your doctor to screen you for depression. Sexually transmitted diseases: Talk to your doctor to see if you should be screened for sexually transmitted diseases, such as HIV.

Eye exam: Have your eyes refracted and examined once every 2-4 years – from age 40-64 – and once every 1-4 years after that (or as recommended by your doctor) to detect glaucoma and other eye diseases. If glaucoma is left untreated, blindness can result.

Dental exam: See your dentist for a teeth cleaning and exam annually until age 65, then once every 6 months.

Hearing: The American Speech-Language-Hearing Association recommends adult hearing screening at least every decade until age 50, with more frequent monitoring after that age.

Osteoporosis test: Have a bone density test at age 65 to screen for osteoporosis (thinning of the bones). If you have risk factors (e.g., you smoke, have a history of fractures, or you’re between the ages of 60 and 64 and weigh 154 pounds or less), ask your doctor if you should be tested.

Health counseling about physical activity, healthy weight, safety, substance use, and other healthy lifestyle issues.

Additional recommendations for men

Prostate cancer screening: Talk to your doctor about the possible benefits of prostate cancer screening if you are considering having a prostate-specific antigen (PSA) test or digital rectal examination (DRE).

Additional recommendations for women

Mammogram: Have a mammogram once every 1-2 years starting at age

40 or earlier if a family member has had breast cancer.

Pap smear: Have a Pap smear once every 1-3 years if you have been sexually active or you are older than 21.

Chlamydia test: If you are 25 or younger and have been sexually active, get tested for Chlamydia, a sexually transmitted disease. If you are older, ask your doctor if you should be tested.

Additional recommendations based on health risks

Some people need certain screening tests earlier, or more often, than others. For example, being overweight may increase your risk of developing diabetes. Depending on your history, your doctor may recommend additional screenings or other actions for reducing your personal risk of disease. Your family health history can help identify if you have higher risk for some diseases, and help you look for early warning signs of disease.

Ask your doctor which tests are right for you, at what age the testing should begin, and how often you should be tested.

Recommended screening tests for high-risk women:

www.womenshealth.gov/screeningcharts/highrisk/highrisk.pdf

Be wise: Immunize

If you're a healthy adult, you may not spend much time thinking about immunization. However, keeping current on recommended immunizations is an effective way to prevent many serious illnesses.

- Have a flu shot every year starting at age 50.
- Have a tetanus-diphtheria shot every 10 years.
- Have a pneumonia vaccination once at age 65. (You may need it earlier if you have certain health problems, such as lung disease.)
- Ask your doctor if you need to be vaccinated against hepatitis. The hepatitis B vaccine is recommended

if some other risk factor (medical, occupational, lifestyle, etc.) is present. The hepatitis A vaccine is recommended for all travelers to certain countries.

- If you were born after 1956, you may need a measles-mumps-rubella vaccine. It's also recommended for healthcare workers, travelers, and adults going to college.

- If you've never had chickenpox, you can be vaccinated against it with the varicella vaccine. Adults are 10 times more likely than are children to develop complications with chickenpox.

- The meningococcal vaccine is recommended for first-year college students living in dormitories and for adults living where they might be exposed to the virus.

- A single dose of zoster vaccine is recommended for adults age 60 and older, even if they've had a prior outbreak of herpes zoster (shingles).

- The HPV vaccination, which can help prevent cervical cancer, is recommended for all females age 9 - 26 who have not completed the 3-shot series.

Source: U.S. Department of Health and Human Services. 2009.

Time to Make Post-recession Investment Moves?

Like a tiresome dinner guest, the recession has long outstayed its welcome. But there are some clear signs that the economy has begun to turn around. If that is indeed the case, how should you, as an individual investor, respond?

Before we get to that question, let's quickly review some of the key factors that suggest the recession may be ending. First, we've seen four straight months of gains by the Conference Board's Index of Leading Economic Indicators. Also, the job market is improving somewhat and bank lending is increasing. The

Federal Reserve's efforts to stabilize the financial system have improved conditions in the corporate credit markets, as indicated by a dramatic increase in the amount of new bonds issued by companies thus far in 2009. We've also seen improvements in the housing market and in industrial production.

Even if all this evidence indicates the recession is ending, does that necessarily mean that boom times for investors will follow? A look back in time shows reasons for optimism. In 10 recessions, extending from 1949 through 2001, the S & P 500 rose, on average, 9.5 percent six months following the recession's end date, and 15.5 percent after 12 months, according to Ned Davis Research. Of course, as you have no doubt heard, past performance is no guarantee of future results, but in years gone by, staying in the market rewarded long-term investors — those who could look beyond the recession at hand.

In any case, if the recession is ending, let's return to our original question: What investment moves should you make? As we've already seen, the most important step you can take is to remain invested — and if you're out of the market, consider getting back in. As exhibited by the strong market rally this summer, large gains can come quickly, but they only come to those who aren't on the investment sidelines.

In addition to staying invested, consider these other post-recession moves — which are actually pretty good moves before and during a recession, as well:

- Look for quality. In any economic environment, you'll be making a smart move by focusing on quality investments that fit your unique situation. You may look for the stocks of those companies with strong management teams and competitive products. And stick with investment-grade bonds, if fixed income is appropriate.
- Diversify. Build a portfolio

containing a variety of investments, including stocks, bonds, government securities and certificates of deposit. While diversification, by itself, can't guarantee a profit or protect against a loss, it can help you reduce the long-term effects of volatility on your holdings.

- Keep a long-term perspective. It's not easy to overlook market fluctuations, especially severe ones, but if you can keep your eyes on what you hope to achieve in the future, you might be less likely to over-react to short-term events. While you may need to periodically adjust your investment mix in response to changes in the economy and in your own life, you'll be better off, in the long run, by establishing a strategy that's appropriate for your individual risk tolerance and goals — and sticking to it.

As individuals, we're all subject to the ebbs and flows of the economy. But by focusing on those things you can control — such as buying quality investments, diversifying and thinking long-term — you can become an investor for all seasons.

Mark Howard, Financial Advisor
Edward Jones
205 East Main Street
Eaton, OH 45320
(937) 456-0470
www.edwardjones.com

“Welcome” New Chamber Members!

Dance Baby Dance

Dea Baldwin
200 N. Barron Street, Suite C
Eaton, Ohio
Phone: 937-336-5251
Email: apfdoll2002@yahoo.com
Website: www.dancebabydance.us

Product/Service: Dance Instruction – tap, jazz, ballet and Math/Reading Tutoring – special needs, individuals and groups – GED preparation

Eaton Sunoco & Car Wash

Megan Marker, Manager
425 S. Barron St., Eaton, Ohio
Phone: 937-456-4882
Fax: 937-456-4882
Email: meganesweet@yahoo.com
Produce/Service: Gas station and tobacco store

RDA Group Architects, LLC

Jonathan Schaaf, President
P.O. Box 341529
Beavercreek, Ohio 45434
Phone: 937-643-4090
Fax: 937-643-4095
Email: jrs@rda-group.com
Website: www.rda-group.com
Product/Service: Architectural Firm

Jane E. Schreyer

Attorney At Law
100 W. Main St., Eaton, OH 45320
Phone: 937-456-1400
Fax: 937-456-1403
Email: contactus@lawyereaton.com
Website: www.lawyereaton.com
Product/Service: Law Practice

Preble County Regional Dialysis

Patty Hayes, Executive Assistant
Located at: 450D Washington-
Jackson Road., Eaton, OH 45320
Phone: 937-456-0400
Fax: 937-456-0401
Email: p.hayes@naod-drd.org
Website: www.naod-drd.org
Product/Service: Free standing dialysis facility

2009 Preble County Chamber of Commerce Golf Tournament A Success!



The Preble County Chamber Golf Tournament was held Thursday, September 3rd at Hueston Woods Golf Course with 9 teams participating. **1st Place Winning Team** was: RJ Brown, Sean Maggard, Daryl E. Chappel, & Brian Jones. **2nd Place Winning Team** was: Tim Garber, Todd Henningan, Sean Tierney & Gary Black.

We would like to “**Thank**” all our sponsors: **Golf Hole Sponsors:** US Bank; Suites at the Greenbriar; Miami Valley Vision Care/Vision Source; Bullen Ultrasonics, Inc.; Edward D. Jones Investments (Mark Howard); Stan’s Body Shop; Bambeck Investments Services, Inc./Raymond James Financial Services; Vancrest Health Care Center; Freedom 1st Credit Union, Inc.; Cornerstone Manufacturing, Inc.; Wal-Mart; Roselius/Oakley Flory Insurance Agency; Catron’s Glass, Inc.; Reid Hospital & Health Care Service; Eaton National Bank & Trust Co.; and Carmela’s Pizzeria.

Golf Cart Sponsors: Eaton Place Restaurant; Bullen Ultrasonics, Inc.; Ameriprise Financial Services, Inc.; AAA Miami Valley; Carnahan Jewelers; Brubaker Metalcrafts; Eaton Computer Services; Eaton Floor & Wall; Taffy’s Coffee Wine & Music; Fifth Third Bank; Henny Penny Corporation; Lawson Depot, LLC.; Jane Schreyer, Attorney; Kramer & Kramer, Inc.; Wood Propane Corporation; Chrismer Agency, Inc.; Catron’s Glass, Inc.; Sarah’s Pizza; Consolidated Cooper, LLC; State Farm Insurance Company; and Preble County Chiropractic.

“**Special Holes**” – **Sponsors & Winners:** “Longest Drive” – Preble County Chamber of Commerce and won by Bethany Hewitt; “Closest to the Pin” – Hueston Woods Golf Course and won by Michael Barnes; and “Longest Putt” – Taffy’s Coffee Wine & Music and won by Chuckie Hyde.

“**Thanks**” to all those who donated door prizes and also, “**Thanks**” to Manfred Schreyer of Taffy’s who catered the lunches.